

Review Article

Cardiac troponins and renal disease

JANAK R DE ZOYSA

The John Walls Renal Unit, Leicester, United Kingdom

SUMMARY: Cardiovascular disease is the most common cause of death in patients with renal failure. Patients with renal failure are at greater risk of atypical presentations of myocardial ischaemia. Traditional markers of myocardial damage are often increased in renal failure in the absence of clinically suspect myocardial ischaemia. The cardiac troponins are specific markers of myocardial injury. Large-scale trials, excluding patients with renal disease, have shown the importance of the cardiac troponins in predicting adverse outcome and in guiding both therapy and intervention in acute coronary syndromes. Cardiac Troponin T and cardiac Troponin I are increased in patients with renal failure and this is likely to represent multifactorial pathology including cardiac dysfunction, left ventricular hypertrophy and cardiac microinfarctions. Increases in serum troponin from baseline, in patients with renal disease with acute coronary syndromes, may represent a poor prognosis. Small studies of patients with renal failure have suggested that elevation of the cardiac troponins is associated with an increased risk of cardiac death.

KEY WORDS: chronic renal failure, myocardial ischaemia, troponin.

INTRODUCTION

Cardiovascular disease remains the leading cause of death in patients with chronic renal failure.¹ Patients with acute coronary syndrome (ACS) and renal disease are more likely to present with silent ischaemia² or atypical chest pain³ than the general population. Serum markers of myocardial injury such as creatine kinase, the MB-fraction of creatine kinase and myoglobin, are often elevated in patients with renal failure even in the absence of clinically suspected myocardial ischaemia,^{4,5} thus making their interpretation difficult. The troponins are proteins found in striated muscle. The serum concentration of their cardiac isoform may be ascertained accurately and rapidly by assay using monoclonal antibodies. Large-scale trials, which have excluded patients with renal disease, have shown that cardiac troponins are sensitive markers of myocardial damage, prognostic indicators of future cardiovascular events and that they can guide therapeutic intervention. This paper will review the biochemistry of the troponins and their significance in cardiac disease for patients with renal disease.

BIOCHEMISTRY

The troponins form complexes with actin and tropomyosin on the thin filament of the contractile apparatus in striated muscle (Fig. 1). The troponin complex consists of three subunits: Troponin C, Troponin T and Troponin I. Troponin C binds calcium and regulates activation of the thin filaments during contraction. Troponin T binds the troponin complex to tropomyosin. Troponin I is inhibitory and prevents contraction in the absence of calcium and Troponin C. When muscle is depolarized, there is an intracellular release of calcium, which binds Troponin C resulting in a conformational change in the troponin–tropomyosin complex. Actin and myosin can then interact resulting in the muscle contracting.

Troponin I has three specific isoforms: fast skeletal, slow skeletal and cardiac muscle.⁶ Cardiac Troponin I (TnI) is mostly bound to the myocardial contractile apparatus⁷ and has a molecular weight of 22.5 kDa. Tn I becomes the sole Troponin I expressed in myocardial cells after postnatal development, prior to which slow skeletal Troponin I predominates.⁸ Tn I is not expressed in normal skeletal muscle.⁹

Troponin T also has three specific isoforms: fast skeletal, slow skeletal and cardiac muscle. In skeletal muscle, there are many slightly different subforms.^{10,11} Cardiac Troponin T (TnT) is also mostly bound to the myocar-

Correspondence: Dr Janak R de Zoysa, The John Walls Renal Unit, Leicester General Hospital, University Hospitals of Leicester, NHS Trust, Gwendolen Road, Leicester LE5 4PW, UK. Email: jdz1@le.ac.uk

Accepted for publication 28 November 2003.

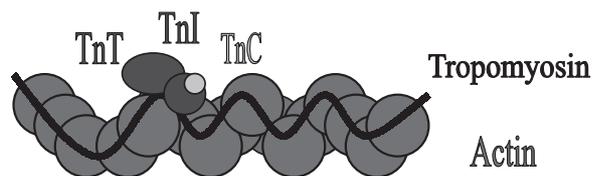


Fig. 1 Actin-Tropomyosin-Troponin Complex. The thin filament of striated muscle consists of actin, tropomyosin and the troponin complex of Troponin T (TnT), Troponin I (TnI) and Troponin C (TnC). Contraction of muscle is mediated by calcium interacting with the troponin complex.

dial contractile apparatus⁷ and has a molecular weight of 37 kDa. TnT is expressed in developing skeletal muscle, and is gradually downregulated after birth until no TnT is expressed in normal adult skeletal muscle.¹⁰

Troponin C has two isoforms. The fast isoform is found in skeletal muscle while the slow isoform is found in both skeletal and cardiac muscle.¹² The lack of cardiac specificity has meant that no assay has been developed to test for this protein.

MYOCARDIAL DAMAGE AND THE TROPONINS

Damage to the myocardium results in release of the cardiac troponins. They are initially detectable 4–6 h after necrosis, peak at 14–18 h and remain elevated for at least 7 days.^{13–18} TnI is released in complexes of Troponin T-I-C and Troponin I-C while TnT is released in as free Troponin T or a Troponin T-I-C complexes.^{19,20}

Early coronary reperfusion is associated with a more rapid peak and generally an improved outcome.^{17,21,22} The half-life of the troponins is 2 h.¹⁴ The initial detection of troponin is thought to be because of the release of the free cytoplasmic component, while the prolonged presence of troponins in serum is caused by the continued breakdown of the structurally bound component.^{14,15}

Between 15 and 48% of patients with chest pain, not fulfilling the traditional criteria for myocardial infarction, may have an elevated serum cardiac troponin.^{17,23,24} This has prognostic importance as patients with an elevated cardiac troponin are often found to have unstable plaques at angiography, while patients without elevated cardiac troponins are often found to have stable plaques.²⁵ Elevation of serum TnT or TnI thus identifies patients with ACS at risk of a worse outcome. A consensus document jointly published by the European Society of Cardiology and the American College of Cardiology has recognized the importance of this observation and has proposed that an elevated cardiac troponin is diagnostic of a myocardial infarction.²⁶

Cardiac Troponin I (TnI) has been shown to be elevated in acute myocarditis.²⁷ Although the troponins are

known not to exist in the pericardium, TnI has been found to be elevated in pericarditis.²⁸ This is likely to represent associated inflammation of the underlying epicardium rather than pericardial damage, per se. The cardiac troponins appear specific at excluding myocardial contusion in cases of blunt chest trauma.^{29–31} Direct current (DC) cardioversion does not appear to elevate TnT.^{32,33}

NON-CARDIAC CAUSES OF ELEVATED CARDIAC TROPONINS

An elevated cardiac troponin, unrelated to myocardial damage, has been found in a number of conditions including cerebrovascular accidents, subarachnoid haemorrhage, endocrine disease, polymyositis, dermatomyositis, and haematological malignancies.^{34–36}

Studies in intensive care units have shown an increased TnT and TnI in septic, intubated patients. The concentration of the cardiac troponins appears to correlate with left ventricular dysfunction and the presence of multi-organ failure, but it is unclear whether elevation affected either hospital length of stay or survival.^{37–42}

TROPONINS IN RENAL DISEASE

Both TnT and TnI are found to be elevated in patients with end-stage renal disease (ESRD) in the absence of active cardiac disease. Between 17 and 75% of dialysis patients have elevated TnT,^{43–48} while between 4 and 21% of patients have elevated TnI.^{47–51} Even when using more specific second generation TnT assays, up to 53% of asymptomatic patients with ESRD have an elevated serum concentration.^{43,52–60} The concentration of the cardiac troponins can vary over time, with up to a 50% variation being noted over a year.⁴⁶ An elevated concentration identifies patients at greater risk of all-cause mortality.^{44,59}

Given the lower frequency of abnormal TnI in asymptomatic patients with ESRD, it has been suggested that this may be a more specific marker of cardiac ischaemia than TnT for this group of patients.^{44,61,62} Several factors are likely to explain this disparity:

- Free cytosolic proteins are released earlier when cells are damaged and it is estimated 7% of TnT and 3.5% of TnI is free in the myocardial cytoplasm.⁶³
- There is roughly twice as much TnT as TnI per gram of myocardium.⁶⁴
- The assays for TnI use different monoclonal antibodies and have different thresholds for an abnormal value unlike TnT for which there is a single standardized assay (Table 1).²⁰

Table 1 Characteristics of selected troponin assays

Manufacturer	System	Assay type	Lowest detection limit ($\mu\text{g/L}$)	99th percentile of normal ($\mu\text{g/L}$)	Intermediate range ($\mu\text{g/L}$)	Acute MI cut-off ($\mu\text{g/L}$)
Abbott Laboratories	AxSYM	Troponin I	0.14	0.50	0.51–1.99	>2.00
Bayer Diagnostics	Centaur	Troponin I	0.02	0.10	0.11–1.49	>1.50
Beckman Coulter	Access	Troponin I	0.01	0.04	0.04–0.06	>0.06
Ortho-Clinical Diagnostics	Vitros ECI	Troponin I	0.02	0.08	0.09–0.39	>0.40
Roche	Elecsys	Troponin T	0.01	0.01	0.02–0.03	>0.03
Tosoh Corporation	AIA-600II	Troponin I	0.06	<0.06	0.07–0.59	>0.60

MI, myocardial infarction.

Two meta-analyses of published trials suggest that, at least in patients without renal impairment, both TnT and TnI are of similar prognostic value.^{65,66}

Haemodialysis appears to affect the serum concentration of TnT and TnI differently. TnI concentration tended to decrease while TnT concentration tended to increase after haemodialysis, irrespective of whether a high- or low-flux membrane was used.⁵³ The study suggested that this was either because TnI may bind to proteins which are membrane bound or that dialysis may modify the epitope recognized by the monoclonal antibody used in the assay.

Uraemia increases the free serum concentration and clearance of protein-bound drugs. TnI is released from the myocardium only as a complex, while TnT is released as both a complex and as free TnT. It is unclear what effect uraemia may have on the detection, release or clearance of different troponin subunits. Once released, TnI may be modified by phosphorylation, oxidation or proteolysis.^{20,67,68} Cardiac Troponin T may undergoes proteolysis.⁶⁷ It is unclear what effect uraemia may have on biochemical modifications of the cardiac troponins.

AETIOLOGY OF AN ELEVATED CARDIAC TROPONIN IN RENAL FAILURE

Several subtypes of TnT have been described in myocardial tissues. TnT has been found in human foetal skeletal muscle, however, these subtypes decrease and eventually disappear in non-diseased adult human skeletal muscle. Several groups have hypothesized that uraemic-induced skeletal myopathy may promote re-expression of TnT. By using polymerase chain reaction and Western blot techniques, cardiac-like isoforms of troponins T and messenger ribonucleic acid have been identified in skeletal muscle of patients with ESRD.^{43,69,70} Use of the second-generation assays, however, has not detected the cardiac TnT isoform in these samples.^{69,70} There appears to be no relationship between an elevated TnT and clinical or electrophysiological markers of uraemic myopathy.⁷¹ Thus, there is inadequate information to support this hypothesis.

Free and bound TnT are large molecules (37 and 77 kDa), making it unlikely the kidney is responsible for clearance. Most studies have not shown a relationship between serum creatinine and frequency or the degree of troponin elevation.^{43,72–74} The half-life and clearance of TnI after an acute myocardial infarction appears similar between patients with normal renal function and ESRD.⁷⁵

Death of cardiac cells occurs in heart failure. Patients with heart failure, without ACS, have been shown to have increased TnT and TnI.^{76,77} Changes in the cardiac troponin is associated with both the prognosis and the severity of heart failure.^{76,78} Patients with ESRD have a greater incidence and prevalence of heart failure.

Increased TnT and TnI have been associated with left ventricular hypertrophy in an animal model.⁷⁹ Left ventricular hypertrophy is common and has been correlated with increased TnT in patients with ESRD without acute myocardial ischaemia.⁸⁰

Serum elevation of cardiac troponins may be the result of subclinical myocardial infarction. Post-mortem evidence suggests the presence of micro-infarction in patients with elevated serum troponins.⁸¹ It is possible that patients with ESRD may sustain repeated subclinical microinfarctions.

CLINICAL SIGNIFICANCE OF CARDIAC TROPONINS IN CHRONIC RENAL FAILURE

A number of studies have investigated the prognostic role of serum troponins in patients with renal failure using the newer cardiac troponin assays.^{58,82–88} The largest of these was of 733 patients with ESRD.⁸² TnT was more commonly elevated than TnI, and both an increased TnT and an increased TnI were predictive of increased mortality. A number of other studies have confirmed the prognostic value of TnT.^{58,83–86} Smaller studies examining the prognostic efficacy of TnI have given variable results.^{85,87}

The significance of an elevated cardiac troponin in the setting of ACS is less clear. Two prospective studies have suggested TnI is more sensitive and specific than the MB-fraction of creatine kinase in predicting myocar-

dial ischaemia.^{61,62} A further study suggested TnT and TnI are less predictive of adverse outcomes in patients with ACS and renal failure.⁷⁴ A recent analysis of over 7000 patients from the Global Use of Strategies To Open occluded coronary arteries (GUSTO) -IV trial found that TnT was of prognostic benefit in predicting adverse outcome in both patients with and without renal failure.⁸⁹

CONCLUSIONS

Serum cardiac troponin concentration is frequently increased in asymptomatic patients with renal failure. This is likely to represent multifactorial pathology potentially including cardiac dysfunction, left ventricular hypertrophy and subclinical myocardial infarction. An elevated TnT or TnI is a poor prognostic factor and is associated with an increased risk of morbidity and mortality in patients with renal failure. There are no specific guidelines for intervention in patients with an elevated serum troponin, however, risk factor modification with smoking cessation, antihypertensive therapy, lipid lowering therapy, and aspirin is reasonable. The role of further diagnostic testing for coronary artery disease is unclear, but should be considered. Left ventricular function should be assessed with echocardiography and appropriate therapy initiated. A negative troponin is a good prognostic factor in both the acute and chronic setting.

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